



**Parent Corner:**  
**"You Get What you Get..."**

I figure that these torturous winter months are the best time for me to share some character development and discipline ideas since it is the time of year when we need them the most! As a parent and as a teacher, we tend to notice the greater need for disciplining as our children get more and more "cooped up". Last month I explained my discipline theory for the class. This month I want to share a tactic we use that seems to help pull children out of the "me, me me" phase when they think life revolves completely around them. To combat the "I want-give me" attitude that causes so many squabbles in the class (and at home) we use a simple phrase that seems to help a lot. It goes like this: "You get what you get, and you don't throw a fit!" That is our cardinal rule. Whenever something is being given in class, we recite this phrase. You've probably heard your child say it at home! If not, feel free to incorporate it into your conversations! It doesn't always stop the fit, but it's a great reminder that life doesn't revolve around only YOU! And the more they hear it, the more they settle for what is being given rather than what they think they need!

**The Community**

So from our friends, we go next to our Community! We will be spending this month learning about the different members of the community and how they help us. We will also focus on how we can help our community ourselves. As part of our study of community professions, we are looking for any mom's, dad's (or anyone else you know) who would be willing to come in and share with the class what they do for their profession. We are looking for a 20-30 minute experience but can adapt to any time schedule. My preferred dates to have you come would be: March 9, 18, 25 or 30th. Please contact me immediately if you or someone you know are available.

**This Month's Studies:**

- ♥ Letters: Ss-VVw
- ♥ Numbers: 8-11
- ♥ Name writing/pencil grasp
- ♥ Community Helpers
- ♥ Our Discipline Rules
- ♥ New Seating Assignments

**Preschool Class News**

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**Special Points of Interest:**

- ☺March Birthdays:  
Colette Christensen-5th, Avery Browne-10th!
- ☺March's Queen(s) of the Month: Colette Christensen, and Bella Deveraux. We'll be spotlighting 2 students per month for the rest of the year so they all get a turn!
- ☺Don't forget to let me know right away if you or someone related to you has a fun profession you can come share with the class!
- ☺Any questions contact me at:  
teacher@littlefish-preschool.net